The small first sacral dorsal rami exit the sacral canal through the first dorsal sacral foramina between the fused first and second sacral vertebrae.

They divide into medial and lateral branches, emerging deep to multifidus. The medial branches terminate in mutifidus, which they supply. The lateral branches pierce multifidus and the aponeurosis of erector spinae to terminate in the skin over the sacrum and medial gluteal regions.

Supply

The first sacral dorsal spinal rami supply multifidus and skin over the sacrum and medial gluteal regions.